



Center for Human Services

Building a stronger community...one family at a time.

In Bothell & For Bothell

Mental Health and Family Support Services for Bothell Residents

FREE Mental Health Services made available courtesy of
grant funding from the City of Bothell

Early
Childhood
Development
and Parenting
Education
opportunities*

FREE
School Based
& Office Based
Mental Health
Therapy for
families, youths,
and adults **

Family Relief
Funds
to support the
financial
impacts of
COVID-19*

**12900 NE 180TH ST
SUITE 140
BOTHELL, WA 98011**

**9:00AM-5:00PM
MONDAY - FRIDAY**

CONNECT WITH US!

206-362-7282



WWW.CHS-NW.ORG

* Available in Spanish and English

** School Based Therapy currently offered at Bothell HS and Skyview MS



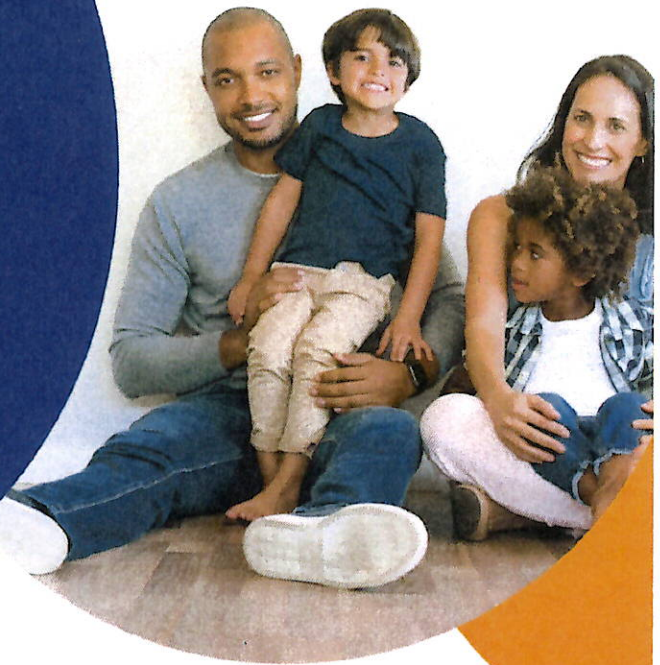


CENTER FOR HUMAN SERVICES
FAMILY SUPPORT

PFR

Promotion First Relationship
Promoviendo las Primeras Relaciones

IN BOTHELL FOR RESIDENTS



PFR can help families with 0- 5 years

- Building a healthy and secure relationship.
- Understanding your child's social and emotional health.
- Strategies to manage difficult times as a parent

FREE

REGISTRATION OPEN



PERSONALIZED ATTENTION



CONTACT US BY EMAIL :

Family Support Specialists

- Mirella Espinoza Varley (mvarley@chs-nw.org)
- Roxana Ascanio (rascanio@chs-nw.org)



12900 NE 180th St Suite 140 Bothell, WA 98011

CENTER FOR HUMAN SERVICES
Family Support Department
Phone : (206) 631-8825